

Inquiry online to families of different Movements and Communities >

Question: How does our family build peace? > 77 testimonials (below are just a few) >
6 major attitudes **love, prayer, forgiveness, dialogue, aid and respect.**

"... and then we listen, we give space...
we listen to the "silence of **love**"... and
sometimes an opinion, a suggestion, or
a point of view. We train ourselves all
the time. Restarting is our secret."

"Respect for each other is the
fundamental principle to our family.
Respect generates affections, the
ability to practice forgiveness, the
will to share happiness, concerns,
achievements and failures."

"Since a young age, our children
pray with us the Morning **Prayer**,
asking for "peace, health and
joy". They are aware that peace
at home depends on the
commitment of each."

LOVE



PRAYER



RESPECT

How Does

Our Family Build

Peace?



DIALOGUE



FORGIVENESS



AID

"If we are angry, we ask for
forgiveness, even if that
means to put your pride
aside. Seeking forgiveness
helps us to recover peace."

"[we build peace] at the table,
usually with three different
generations, encouraging the
dialogue, bringing up conversations
that interest the youngest, or the
"pearls" of the oldest..."

"Whenever there are difficulties in our
marriage we try to speak openly about
it, never questioning the love for the
other, but knowing we must **aid** each
other to face our own limitations in
order to improve."